Injury Center of Houston

A Subsidiary of Injury Specialist Associates, P.A.

www.injurycenterhouston.com

Fax to: 713-771-1876

Patient Name: ______________________ **Date:** ______________________

Social Security #: ______________________ **D.O.B.:** ______________________

Diagnosis: ____

- ❑ Evaluate and Treat
- ❑ Functional Capacity Evaluation (FCE)
- ❑ Impairment Rating
- ❑ Manipulation Under Anesthesia (MUA)
- ❑ Physical Therapy
- ❑ Nerve Conduction Velocity Testing (NCV/EMG)

Therapy Procedures:

- ❑ Gait training
- ❑ Home exercise program
- ❑ Manual therapy
  - ❑ Myofascial release
  - ❑ Massage
  - ❑ Joint mobilization
  - ❑ Spinal Manipulation/Adjustment
  - ❑ Mobility exercises
  - ❑ AAROM
  - ❑ AROM
  - ❑ PROM
- ❑ Neuromuscular re-education
  - ❑ Balance
  - ❑ Coordination
- ❑ Stabilization Exercise
- ❑ Strengthening Exercises
  - ❑ Isometrics/Isotonic
  - ❑ Progressive Resistive Exercises
  - ❑ Circuit Strength Training

Modalities:

- ❑ Electric Stimulation
- ❑ Interferential
- ❑ Hot/Cold Therapy
- ❑ Paraffin Bath
- ❑ Ultrasound
- ❑ Traction-mechanical
- ❑ Phonophoresis
- ❑ Cold Laser/Light Therapy
- ❑ DTS Spinal Decompression
  - ❑ Cervical
  - ❑ Lumbar
- ❑ As Needed (PRN)

Structured Programs:

- ❑ Work Hardening
- ❑ Work Conditioning
- ❑ Chronic Pain Management (Behavioral)
- ❑ Aquatic Therapy

Therapy Goals:

- ❑ Decrease pain
- ❑ Decrease Inflamation
- ❑ Increase strength
- ❑ Other ______________
- ❑ Improve Functional Capacity
- ❑ Increase mobility
- ❑ Increase stabilization

Treatment Frequency:
1 2 3 4 5 (visits/Wk)

Treatment Duration:
1 2 3 4 5 6 (Wks)

❑ Per therapist discretion

Comments/Special Requests: ____

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In making this referral, physician certifies that the prescribed treatment is a medical necessity.

Referring Doctor: ______________________

SIGNATURE: ______________________ DATE: ______________________

Please fax this request with the following information to 713-771-1876:

- **Patient demographics**
- **Insurance information**
- **Diagnostic information**
- **Recent office note**

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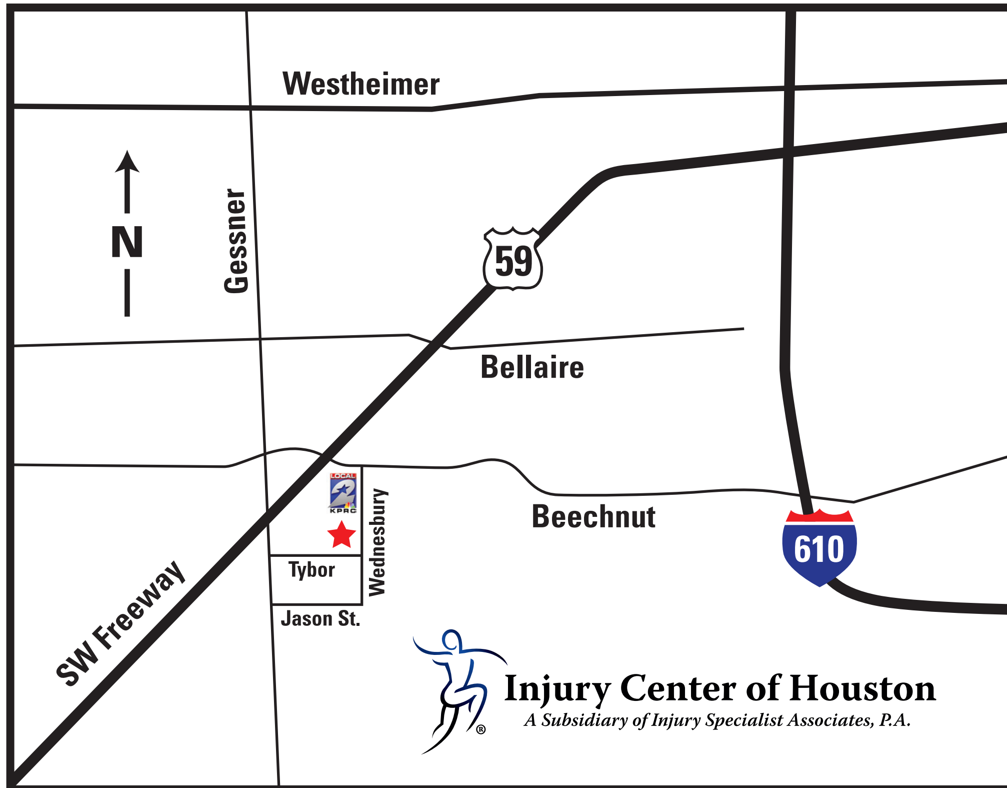

Directions:

From 610:

1- Go Highway 59 southbound
2- Exit Beechnut/Gessner
3- Turn left on Beechnut
4- Make an immediate right turn at the first street (Wednesbury Lane)
5- We are the 3rd building on the right side (right after the NBC-KPRC Channel 2 building)

From Beltway 8 (Sam Houston Tollway)

1- Go Highway 59 northbound
2- Exit Beechnut/Gessner
3- Turn right on Beechnut
4- Make an immediate right turn at the first street (Wednesbury Lane)
5- We are the 3rd building on the right side (right after the NBC-KPRC Channel 2 building)